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## Cutting Off Your Nose to Spite Your Face

Tuesday, January 21

10:00 am: Conversation

11:10 am: Meeting

Join Mike Franklin from NAMI NH as he discusses how to avoid cutting off your nose to spite your face.

## **Zoom Meeting:**

https://us02web.zoom.us/j/84071785517?pwd=Z2FrNnRyenBnWDcyQU40ck5hQlozZz09



**Meeting ID:** 840 7178 5517, **Passcode:** 269641 nhmhpa.org

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